



# ERC PATHLIGHT CE PORTAL INSTRUCTIONS

## 1 Accessing CE Portal

**New to the portal?** Complete [form](#) to create an account and use code provided. Course will automatically be added to your profile.

**Already have an account?** You will still need to complete this [form](#) to add the course to your profile. Please use the code provided.

**Just logging in?** Please use the [link](#). Username will be your email.

Online Courses Self Sign Up

Register to access courses by entering the code provided to you

First Name:

Last Name:

Email:

We will send account login information to this address

Confirm Email:

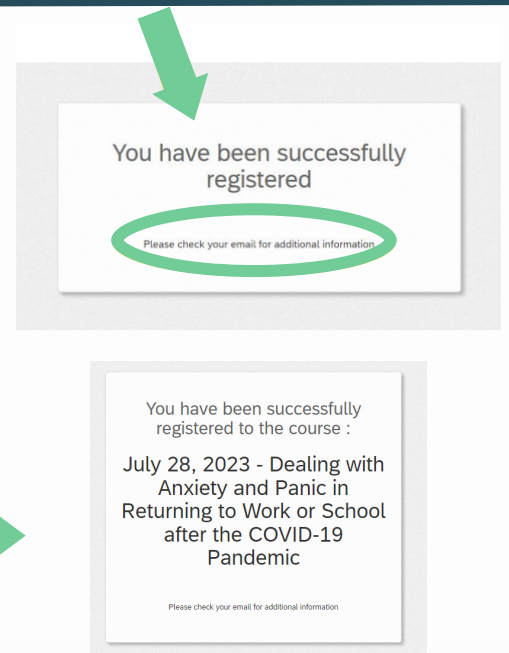
Language:

Code:

## 2 Check Your Email

**New user?** You will receive an email from ERC Pathlight Continuing Education that will contain your username and links to set up your profile and set your password.

**Existing user?** You will receive a direct link to the course in your inbox.



## 3 Troubleshooting

### Code Error:

If you receive the error "**You have already used this code**", simply [login](#) to the portal and search in 'Not Started' or 'In Progress' for the course you are trying to find.

Online Courses Self Sign Up

Register to access courses by entering the code provided to you

**You have already used this code**

First Name:

Last Name:

Email:

We will send account login information to this address

Confirm Email:

Language:

Code:

My Training See All Assigned Courses & Learning Paths

Not Started In Progress Overdue Completed

Search for assigned courses and learning paths Not Started

### Reset Password:

To reset your password, click "I've forgotten my username/password" and follow the prompts.

Eating Recovery Center Pathlight Mood & Anxiety Center

Please enter your username & password to access your online learning.

Username:

Password:

Show Password

Remember me on this computer

[I've forgotten my username/password](#)



FOR SUPPORT: EMAIL  
[CONTINUING.EDUCATION@ERCPATHLIGHT.COM](mailto:CONTINUING.EDUCATION@ERCPATHLIGHT.COM)



### 3 Homepage View

Welcome to ERC Pathlight Academy, your resource for continuing education.

Home Content Library Achievements Live Sessions

Welcome Bre Mahoney

Recently Viewed

- Acceptance and Commitment Therap... Course

My Training

Not Started In Progress Overdue Completed

Search for assigned courses and learning paths Not Started

- Trauma Courses Learning Path Learning Path
- It Takes a Virtual Village Learning Path
- EDIP - Eating Disorder Informed Professional Designation Courses Learning Path

Content Library:  
Over 100 webinars  
available for self  
sign-up

### 4 Find Assigned Courses:

Courses assigned to users can be found under 'Not Started'

Recently Viewed

- Anorexia Nervosa: Nothing Atypic... Course

My Training

Not Started In Progress Overdue Completed

Search for assigned courses and learning paths Not Started

- Anorexia Nervosa: Nothing Atypical About It - A Webinar
- Motivational Interviewing - A Webinar

CLICK TILE TO VIEW COURSE  
HOMEPAGE AND START COURSE

### 5 Course Homepage:

The course homepage will have modules that need to be completed to earn your continuing education credits. Click the "Start this course to begin".

Anorexia Nervosa: Nothing Atypical About It - A Webinar

Weight stigma remains a present and ongoing challenge in our healthcare setting, which can impact an individuals' access to care. Individuals diagnosed with "Atypical" Anorexia Nervosa can experience weight stigma leading to a delay in necessary treatment and even praise for weight loss despite having the same psychological burden, medical complications, and risks that an individual in a smaller body who is diagnosed with anorexia nervosa experiences. This presentation will review how diet culture and weight stigma impact eating disorders and discuss ways to support individuals in diverse bodies who are diagnosed with anorexia nervosa. Presenters will review proper assessment techniques and treatment interventions. In addition, the presentation will address ways to challenge weight stigma within the treatment setting and support patients in navigating weight stigma outside of treatment.

0%

Start this course

CLICK 'START THIS COURSE' TO BEGIN

Modules More information

The modules in this course must be completed in the order listed.

▶	Anorexia Nervosa: Nothing Atypical About It - Recording
🔒	Anorexia Nervosa: Nothing Atypical About It - Post Test Locked 75% Passmark 0% My Score
🔒	Anorexia Nervosa: Nothing Atypical About It - Course Evaluation Locked
🔒	2023 Attestation of Identity for CE Credits - ERC and Pathlight Locked ⓘ
🔒	Anorexia Nervosa: Nothing Atypical About It - Slides Locked



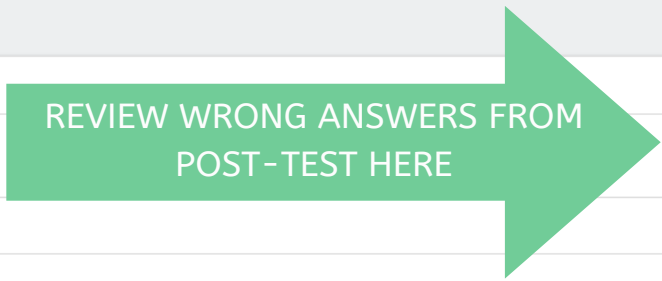
# 6 Complete Post Test/Review Wrong Answers:

You may retake the post-test if you did not receive a passing score

Modules More information

The modules in this course must be completed in the order listed.

<input checked="" type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Recording	
<input checked="" type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Post Test 75% Passmark 88% My Score	<a href="#">Results</a>
<input type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Course Evaluation	
<input type="checkbox"/>	2023 Attestation of Identity for CE Credits - ERC and Pathlight Locked ⓘ	
<input type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Slides Locked Optional	



# 7 Complete Course Modules

Once you have completed the modules, a green circle with 100% will appear on the right side of the course homepage. Click the Achievements Tab to download your certificate!

**Anorexia Nervosa: Nothing Atypical About It - A Webinar**

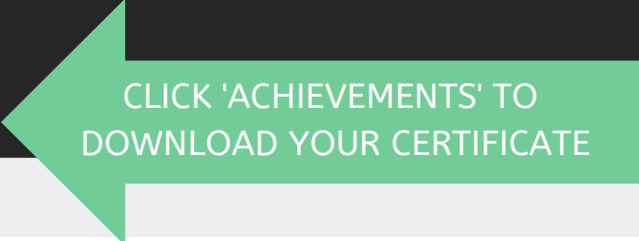
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**100%**

Modules More information Achievements

The modules in this course must be completed in the order listed.

<input checked="" type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Recording	
<input checked="" type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Post Test 75% Passmark 0% My Score	<a href="#">Results</a>
<input type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Course Evaluation (Locked)	
<input checked="" type="checkbox"/>	2023 Attestation of Identity for CE Credits - ERC and Pathlight ⓘ	
<input checked="" type="checkbox"/>	Anorexia Nervosa: Nothing Atypical About It - Slides Optional	



# 8 Downloading Certificates

**Anorexia Nervosa: Nothing Atypical About It - A Webinar**

Weight stigma remains a present and ongoing challenge in our healthcare setting, which can impact an individuals' access to care. Individuals diagnosed with "Atypical" Anorexia Nervosa can experience weight stigma leading to a delay in necessary treatment and even praise for weight loss despite having the same psychological burden, medical complications, and risks that an individual in a smaller body who is diagnosed with anorexia nervosa experiences. This presentation will review how diet culture and weight stigma impact eating disorders and discuss ways to support individual's in diverse bodies who are diagnosed with anorexia nervosa. Presenters will review proper assessment techniques and treatment interventions. In addition, the presentation will address ways to challenge weight stigma within the treatment setting and support patients in navigating weight stigma outside of treatment.

**100%**

Modules More information **Achievements**

Anorexia Nervosa: Nothing Atypical About It - A Webinar

Achieved on 07/12/2023 [Download certificate](#)

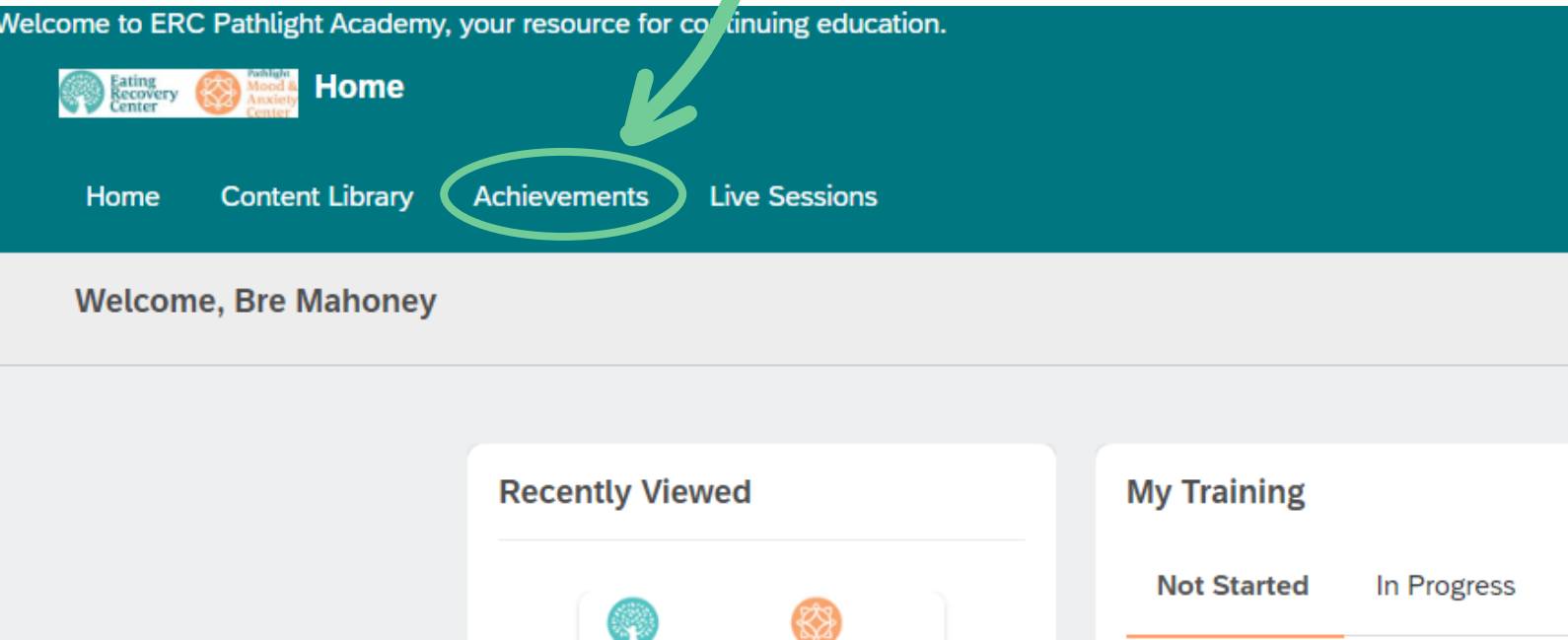


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# 9 Previous Course Achievements

All course certificates can be found under the Achievements tab at the top left corner of the portal screen.



Here you can view and download any course certificate a PDF.

Achievements		
Basic Principles of Emotion-Focused Family Therapy - A Webinar	<a href="#">Download certificate</a>	Achieved on 07/03/2023
ARFID: Involving Families in Treatment - A Webinar	<a href="#">Download certificate</a>	Achieved on 06/27/2023
ACT and Eating Disorders: Breaking Down the Eating Disorder Barriers with New Ways to Act - A Webinar	<a href="#">Download certificate</a>	Achieved on 06/26/2023
Anorexia Nervosa: Nothing Atypical About It - A Webinar	<a href="#">Download certificate</a>	Achieved on 06/16/2023
A Webinar- Supporting Eating Disorder Clients with Meals around the Holidays	<a href="#">Download certificate</a>	Achieved on 06/12/2023
Innovations and Benefits in Virtual Eating Disorders Treatment: A Dietitians Perspective- a webinar	<a href="#">Download certificate</a>	Achieved on 07/19/2022
Exercise for Every Body-A Webinar	<a href="#">Download certificate</a>	Achieved on 07/19/2022
The Importance and Role of the Campus Eating Disorder Dietitian-A Webinar	<a href="#">Download certificate</a>	Achieved on 07/19/2022
Nutrition and Trauma: The Influence of Nutrition on Brain Repair During Trauma Recovery-A Webinar	<a href="#">Download certificate</a>	Achieved on 07/19/2022
Navigating Diet and Exercise in the Eating Disorder Population: A Slippery Slope A Webinar-1.5 CE Hours	<a href="#">Download certificate</a>	Achieved on 06/25/2021
Managing Anxiety and Depression in Children and Teens: An EFFT-Informed Approach A Webinar 1.5 CE hours	<a href="#">Download certificate</a>	Achieved on 06/25/2021
Emerging Eating Pathologies: What and Why A Webinar	<a href="#">Download certificate</a>	Achieved on 06/24/2021
New Year, New You? The Ugly Truth About Diet Culture A Webinar	<a href="#">Download certificate</a>	Achieved on 06/24/2021



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